We were at Freddie G’s Barbershop in April and Fred Gayles, the owner, says his crew is ready to take the crown this year. Freddie G’s is one of our new shops that joined last year after Power Saturday. One of our volunteers had told him about Power Saturday, but we could not accommodate anymore shops last year. So, we met him up in Tabernash at his annual golf tournament and screened about 45 of his participants. By the end of 2017 we added him to our program. Since then Freddie, and several of his operators have been real champions—encouraging the men to get checked out.

Freddie knows that Ms. Lillie’s has taken the top spot during Power Saturday for the last three years. Nevertheless, he feels his crew is ready and the customers will be cooperative. You can go to our website to see all the shops competing for the prize this year, May 19th.

Stop by, get your blood pressure checked, and help your favorite shop win. 

https://www.coloradoblackhealth.org/event/power-saturday-barbershop-salon-outreach/
What’s Happening in Colorado

Last month Dr. Victor was getting a lot of press about his work in the barbershops and what he is doing is truly impressive. However, we want people to be aware of what we have been doing for the past 6 years here in Colorado.

Our program started with very little seed money. We have received monies periodically and have made the most out of it.

We started at one shop and now we have 15. This doesn’t include about 5-6 shops that we previously connected with but are no longer working with them for various reasons.

Our program features seasoned medical professionals, as well as lay volunteers, some of whom are quite spicy.

We are there- RAIN, SLEET, or SNOW.

And more……

CBHC BBSHOP STATS, since inception of the program, 2012

7049 Screened for high blood pressure. This includes 791 that were screened during Power Saturday in 2017.
1079 Screened for diabetes. We are waiting for glucose monitoring technology that doesn’t require finger sticks.
5064 Volunteer hours

Trainings at Rocky Vista medical school. Several trainings with medical and lay people in the broader community.

Consultations local and national.

Getting the Word Out

Dr. Byron and Alfredia Conner are passionate about the work and have met with people in several cities to encourage them to start their own program. This work is connected to his Seventh Day Adventist health ministry work.

Dr. Richardson loaded the Barbershop/Salon toolkit on Synergy which is an internal Kaiser Permanente repository of healthy practices.

The medical student in Miami is expanding and enlisting others to support the expansion.

CBHC will have a student intern this summer that will be focused on the BBSHOP and will make some recommendations.

Dollar value of the volunteer efforts for this program in Colorado $25 x 5064 hours = $$$ 126,600

Volunteers are PRICELESS!
Partnering with the American Heart Association

The Colorado Black Health Collaborative believes that collaboration is essential to realizing our mission - to achieve health equity in Colorado’s Black community. The graphic below depicts our view on how equity differs from equality. This graphic was designed as a tool for us to clearly illustrate our perspective of this concept to our partners, as well as the community.

"Equality is treating everyone the same. Equality aims to promote fairness, but it can only work if everyone starts from the same place and needs the same help. Equity is giving everyone what they need to be successful."

We have shared this information with the American Heart Association, Colorado. They thought it was great. We continue to work with the American Heart Association. They have been actively engaged in the planning for Power Saturday, have shared volunteer opportunities with their AHA volunteers, and have provided handouts and giveaways for Power Saturday participants. They will be completing a press release in May.

For:

Volunteering. You don’t have to.

Serving the community. They and we appreciate YOU.

Sharing your TIME, TALENTS, TESTIMONIALS, and TREASURES.

Caring

Your patience, persistence, and passion

Freddie’s Getting Ready!

Power Saturday 2018 is coming next month.
Volunteers are Priceless.

If you see a volunteer this month, give them a big hug.

We can’t do our work without the volunteers.

Know your numbers!

Contact us if you know a barbershop or salon that would like us to serve them.
Contact us if you would like to volunteer.
Contact us if you would like to donate.